



## **BIMIX/TRIMIX/QUADMIX**

Trimix is injected directly into the side of the penis through a fine-gauge "insulin-style" needle in very small amounts 10-50 units (0.1-0.5cc) that increase blood flow to the penis. It results in strong and lasting erections.

**The main potential side effects are hematomas (bruising), fibrosis if used too frequently and on the same injection site, pain, and dangerously long-lasting erections (priapism).**

Priapism may sound great but this can literally kill your penis by causing gangrene of the tissue after stagnant blood coagulates inside it.

Please also do not inject Trimix more than 4 times a week and alternate sides of penis when injecting.

Some men who do not respond completely with TRIMIX use a quad mixture (QUADMIX) of phentolamine, papaverine, prostaglandin E1 and atropine. Others who may have pain associated with a TRIMIX injection use a bi mixture (BIMIX) or QUADMIX.

## **HOW TO PREVENT PRIAPISM**

♣ **NEVER take Tri-Mix or any ICP injection within same 24hr period as Viagra/Levitra or 48 hr period if taking Cialis(Tadalafil)**

♣ Start **LOW** and go **SLOW** with your dose. **Never start higher than 0.05-0.12ml (5-12 units on syringe) for the FIRST injection.** Then gradually increase from there for optimal results. **If you are using 40 units and not getting an adequate erection, call and we will prescribe a stronger formulation.**

♣ Apply ice to perineum/scrotal area- You can use a frozen bag of fruit or vegetables if an ice pack is not available.

♣ Walk/jog upstairs- This can help redirect blood flow from the penis.

♣ **Sudafed (pseudoephedrine)** is a decongestant available without a prescription but "behind the counter", meaning that you have to ask the pharmacist to get it for you. The pharmacist will ask for your identification since this drug is known to be used in the manufacture of illegal methamphetamine, so the government keeps track of frequent users. Do not use other versions of Sudafed that are available since they do not have pseudoephedrine. Chew on a **30 or 60 mg tablet (up to 120mg or 4 tablets)** with water if erection has lasted more than 2.5 hours. Effects



should start to be noticed within 30 minutes. Be aware that this drug will disrupt your sleep or may keep you awake for hours. Having sleep aids at hand can help if you are taking Sudafed at night time. Note: **DO NOT USE** Sudafed if you have used an MAO inhibitor such as furazolidone (Furoxone), isocarboxazid (Marplan), phenelzine (Nardil), rasagiline (Azilect), selegiline (Eldepryl, Emsam, Zelapar), or tranylcypromine (Parnate) in the last 14 days.

♣ **Benadryl** – chew 25mg-50mg orally can also be helpful

**Phenylephrine:** If erection has lasted **MORE than 3 hours inject 0.5mL or 50 (500 ug) units every 5-7 minutes UP to 3 times until detumescence** (soft penis) starts. Phenylephrine use has potential cardiovascular side-effects and it is recommended that blood pressure and pulse are monitored every 15 minutes for an hour after the injection. This is particularly important in older men with existing cardiovascular diseases

**If these do not work and erection has been present for 4hrs and/or is painful then immediately visit the ER for treatment.**